



Specialising in Fetal Alcohol Spectrum Disorders

FASD Consultants Australia aims to deliver information and support to individuals and families and share our wide expertise in offering education and training in Australia, particularly where we identify current gaps.

Website (in development): <http://fasdconsultants.com.au/>
Facebook: <https://www.facebook.com/FASDConsultantsAustralia>
Admin Tel: 03 6445 1269

Our profiles

Adelle Rist has a background in the alcohol and other drug and mental health sector and her professional experiences and counselling expertise means she can offer positive support, case management and advocacy for individuals and families living with FASD. Adelle recognises targeted education and training on FASD to Australian audiences is critical to building service provider capacity to better support for individuals and their families. Email: Adelle@adelle50.com Tel: 0429 044 746

Anne (Elizabeth) Russell's education and training audiences have the advantage of listening to someone who speaks with bold honesty from direct experience of the arduous life journey of the birth mother of children with FASD. Anne's aim is to raise awareness around Australia of the consequences of not planning pregnancies and not heeding the advice of the CDC. Paraphrased, this advice is, "If you are not using birth control don't drink. If you are drinking always use birth control." Email: elizabeth@rffada.org Tel: 0412 550 540

Amanda Mulligan has parented and cared for many children and a child in her long term care has a diagnosis of FASD. Amanda has learnt through experience how to best advocate and negotiate in the disability and education sectors for a better and fairer outcome for a child living with FASD and eagerly shares her knowledge as a parent educator through information workshops for parents and carers. Email: amandacmulligan65@gmail.com Tel: 0412744536

Vicki Russell has post graduate qualifications in public policy as this relates to FASD and a professional background in trauma work, community development work in the alcohol and other drug sector and a specialist knowledge on FASD (policy and practice). She originally trained in narrative practice (including professional supervision) which has a profound impact on her approach to working with people. She has completed training in FASD assessment and diagnosis; community based risk and has a Certificate of Mastery in the Fetal Alcohol-Neurobehavioural approach through FASCETS Inc. Email: vicki@fasdconsultants.com.au Tel: 03 6445 1269

Terri Baran has a passion for raising awareness among other young parents on FASD and the risk of alcohol use in pregnancy. Terri designed the website, Facebook page and logo.

Our services

Older adolescents and adults living with FASD

- Responding to those who have used alcohol in pregnancy
- Issues in parenting their own children and the importance of pre-hearing neurodevelopmental assessment, dealing with child apprehension and court
- Consultancy: liaison with child protection and case conferencing
- Strategies for the care of older children living with FASD

Trauma

- Trauma-informed practice
- Vicarious trauma – carers

Service delivery

- Clients living with complex issues
- A fetal alcohol-neurobehavioural approach
- Training: increased understanding and skills capacity to deliver appropriate services – children, adolescents and adults

Caring for individuals who live with diagnosed or recognised 'at risk' for FASD

- Training: Neurobehavioural approach
- Managing diagnosis and referral
- Vicarious trauma

We welcome your inquiries.

Please note, for consultancy, education and training, fees will apply. Support for families by telephone or online is free.